

WORKSHEET – What Additional Training Would Help Me?

Choose topics you would like to learn more about sort in order of priority.
Do some research on time and cost to help you plan.

Priority in my practice	Topic	Time and Cost
	Addiction and couples	
	Affairs/Infidelity	
	Anger management	
	Blended families	
	Chronic medical problems	
	Complex PTSD	
	Desire discrepancy	
	Differently abled clients	
	Divorce	
	Finances and couples	
	Grief	
	High Conflict Couples	
	Immigration issues	
	Infertility	
	Intimacy avoidance	
	LGBTQI issues	
	Legal issues	
	Men's issues	
	Mental illness	
	Neurodiversity	
	Parenting	
	Personality disorders	
	Polyamory	
	Pregnancy loss	
	Premarital counseling	
	Separation	
	Sex addiction	
	Sexuality	
	Suicide risk	
	Termination	
	Trans non-binary	
	Trauma and couples	
	<input type="checkbox"/> Cultural, racial, language differences <input type="checkbox"/> On the brink of divorce	

	<ul style="list-style-type: none"> <input type="checkbox"/> Complex trauma, complex PTSD <input type="checkbox"/> Serious mental health diagnoses including personality disorders <input type="checkbox"/> Neurodiverse conditions including ADHD <input type="checkbox"/> Addiction, alcoholism, substance abuse <input type="checkbox"/> Physical disability <input type="checkbox"/> Consensual non-monogamy <input type="checkbox"/> LGBTQIA relationships, coming out <input type="checkbox"/> Sex addiction <input type="checkbox"/> Intimate partner violence <input type="checkbox"/> When a therapist is part of the couple 	